

What is claimed is:

1. A process for planting individual aquatic plant seeds or groups of aquatic plant seeds underwater, in an estuary, having a bottom, which comprises the steps of:
 - a. positioning an aquatic plant seed in a holder, which has an aquatic plant seed retaining section and an estuary bottom gripping section, which are directly secured to each other,
 - b. placing said aquatic plant seed holder in an estuary such that the estuary bottom gripping section is allowed to come into contact with the estuary bottom,
 - c. wherein the density of the composite aquatic plant holder is greater than 1 gm/cc.
2. The process of claim 1 wherein the holder is manually placed in contact with the estuary bottom.
3. The process of claim 1 wherein the holder is broadcast onto the estuary surface.
4. The process of claim 1 wherein the composite density of the holder is less than 1.
5. The process of claim 3 wherein the composite density of the holder is less than 1.
6. The process of claim 1 wherein the estuary gripping bottom section disintegrates in a predetermined period of time.
7. The process of claim 2 wherein the estuary gripping bottom section disintegrates in a predetermined period of time.
8. The process of claim 3 wherein of the estuary gripping bottom section disintegrates in a predetermined period of time.

9. The process of claim 1 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
10. The process of claim 2 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
11. The process of claim 3 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
12. The process of claim 4 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
13. The process of claim 5 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
14. The process of claim 6 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
15. The process of claim 7 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
16. The process of claim 8 wherein the aquatic plant seed retaining section is formed from an organic medium which is conducive to aquatic plant growth.
17. The process of claim 1 wherein the estuary bottom gripping section is a mollusk shell.
18. The process of claim 2 wherein the estuary bottom gripping section is a mollusk shell.
19. The process of claim 3 wherein the estuary bottom gripping section is a mollusk shell.

20. The process of claim 10 wherein the estuary bottom gripping section is a mollusk shell.
21. The process of claim 11 wherein the estuary bottom gripping section is a mollusk shell.
22. An aquatic plant holder which is suited for the planting of aquatic plants and seeds under water comprising an aquatic plant retaining section and said estuary gripping section are integral with each other.
23. An aquatic plant holder comprising an aquatic plant or seed retaining section which is secured to a floatable section.
24. The aquatic plant holder of claim 22 wherein the estuary bottom gripping section is a member selected from the group consisting of a rock or a mollusk shell.
25. The aquatic plant holder of claim 22 wherein the aquatic plant or seed retaining section comprises an organic medium which is conducive to aquatic plant growth.
26. The aquatic plant holder of claim 23 wherein the aquatic plant or seed retaining section comprises an organic medium which is conducive to aquatic plant growth.
27. The aquatic plant holder of claim 24 wherein the aquatic plant or seed retaining section comprises an organic medium which is conducive to aquatic plant growth.
28. The aquatic plant holder of claim 22 wherein the aquatic plant or seed retaining section comprises a button of compressed peat moss.
29. The aquatic plant holder of claim 23 wherein the aquatic plant or seed retaining section comprises a button of compressed peat moss.
30. The aquatic plant holder of claim 24 wherein the aquatic plant or seed retaining section comprises a button of compressed peat moss.

31. The aquatic plant holder of claim 22 wherein the aquatic plant or seed retaining section comprises a mass of a plant growing medium which is enclosed in a flexible, porous bio degradable membrane to which is attached an estuary bottom gripping sections.
32. The aquatic plant holder of claim 31 wherein the estuary bottom gripping section comprises a disc which is secured to the flexible, porous, bio degradable membrane.